

# Learn to Sail Class for Adults



The Adult Learn to Sail classes have and continue to be an integral part of the club's goal to introduce people to sailing. There is no better way to enjoy time on water than in embracing the challenges and thrills of learning to sail a dinghy.

# What is involved?

## First - you learn to rig a boat



Initially with  
some help from  
the coach



Graduating to rigging  
the boat alone



Or in team work

# Working in a team is part of the sailing experience



Inserting the mast



Attaching the rudder



Checking that all is in order  
Before you launch the boat

# Decision time!



The benefits of working  
in a team!

# Then you have some theory lessons



Here the coaches show the principles of tacking  
- you learn to understand how to manoeuvre a  
boat through the wind

# It's now time to get into the action



For the first few lessons a coach will be with you to give you one-on-one guidance

Then it's time for you to  
test your skills independently



Under the watchful eye  
of the coach nearby

# The fleet in action



# Return to shore



Note the team work!

# 'Coffee-run' to Hampton beach

In the final weeks of the course the participants test their skills in a longer sail from Black Rock to Hampton beach - this is known as the 'coffee-run'.



# And another "coffee-run"



This time from Black Rock to Ricketts Point.

# And socialising in the clubrooms



Groups in the past socialising over dinner in the clubrooms



# Extending the experience

As a way of extending their on-water experience following the conclusion of the course, participants are invited to join trainers, Michael and Tricia, during May to sail on *Lucy* their 86 year old heritage coute boat for one of the 'Winter Series' races at Sorrento.



# Extending the experience

For participants this experience brings to life the skills acquired during the course and introduces them to the challenges involved in sailing in a race: making tactical decisions at the start line, and working the main sheet and setting the jib in tacking, gybing and 'reaching' manoeuvres around the course.



The experience is always exhilarating and in the case of sailing *Lucy*, there is no fear of capsizing!

# Come aboard for the adventure

If now you are keen to undertake the adventure of learning to sail - find out more about the course on the BRYC website: [Learn to Sail: All ages](#)

Take time to browse through the Manual: 'Small Boat Sailing'

[CLICK HERE](#)

(You may need to allow access)

